



## Perks at Work

Employee Assistance Program (EAP)

**We're excited to offer Perks at Work as a free EAP benefit for employees and their families. The site offers thousands of discounts on your favorite merchants.**

### Welcome to Perks at Work

As a member of Uprise Health you have access to exciting perks like exclusive member pricing and free virtual classes. Perks at Work is a resource designed to help you save time & money by offering savings and rewards on the purchases you already make-big and small-so you can do more of what matters to you. Find savings at your favorite brands and live and on-demand classes for kids and adults

### Employee Pricing

- Save time and money on everything you need to buy, from 30,000 merchants nationwide.
- You have access to better than public pricing on Employee Pricing Merchants, exclusively through Perks at Work.

### Community Online Academy

- Thousands of FREE online classes live and on-demand for kids and adults focused on Learning, Wellness and Fun.

### Relevant Perks

- Perks at Work uses smart insights to highlight offers relevant to you. You can see the most popular perks, those with the biggest discount and savings, and new brands added.

### Access Perks at Work Resources

**Go to the member website:**

**[ibhworklife.com](http://ibhworklife.com)**

**Select the WorkLife Matters (EAP) tile and enter your:**

- Username: WORKLIFE
- Password: 70101
- Select Savings Center
- Your work email and "EAP" for your company

Once you are logged in to the home page you can create a personal username and password.